



Wakefield Wildcats Junior Netball Club

COVID-19 POLICY

Any attendee who develops Covid-19 symptoms up to 48 hours after any netball activity must report to NHS Test and Trace and notify the Wakefield Wildcats Covid-19 Officer if the test is positive. Wakefield Wildcats Covid-19 Officer is Emma Porter erporter14@gmail.com. Or Tess Halliday tessahalliday@hotmail.co.uk Please also copy Diane Guy wakefieldwildcatschair@outlook.com

EXPECTATIONS ON PLAYERS BEFORE TRAINING

- Do not attend training if unwell or if you or any member of your household has COVID 19 symptoms, or you have been told to isolate through track and trace.
www.nhs/conditions/coronavirus-covid19/symptoms.
- Shower before and after training.
- Wear clean Wakefield Wildcats training kit.
- Wash hands thoroughly before leaving your house with anti-bacterial soap and have hand sanitiser in your kit bag.
- Do not travel in the car with a person who is not from your household unless you can observe social distancing.
- Sanitise your own netball before each session and bring it to training in your bag to keep it clean. Identify your own netball with your initials.

EXPECTATIONS ON PLAYERS WHEN AT TRAINING

- All players should follow any venue specific arrival protocols and traffic flow systems.
- Upon entering your training venue remain 2m apart at all times from those outside of your social bubble.
- All players are required to register their arrival to training venue and fixtures venue. This will include further health screening for Covid-19 symptoms and completing Test and Trace protocols.
- Hand sanitise your hands before training session and every 15 minutes during the training sessions.
- At no point touch other players netballs and kit.
- Do not share bibs.
- Clearly label your netball, kit, water bottle and clothing.
- Ensure your bag is easily identifiable by you and others to avoid mistakenly touching other players belongings.
- Throughout your training session stay 2m from your peers and coach.
- Avoid touching surfaces where possible, especially doors and gates.
- Place your bag in the area designated by the coach 2m from anyone else and keep your belongings only in this place unless directed by the coach.
- Plenty of fluids should be brought from home as toilets and water facilities could pose unnecessary risk so use should be limited, and facilities may be unavailable. More than one labelled water bottle could be needed for a session.
- Do not bring cash or any items to exchange with others or the coach unless they are in an envelope.
- Never share water bottles or food. Avoid eating until at home to prevent cross contamination.

- Avoid touching your face especially eyes, nose and mouth.
- Attend training with hair already tied up and with no jewellery.
- Except in emergency circumstances do not use mobile phones unless hands have been sanitised before and after use.
- Speak out if you are unhappy about safety during a session, it is your responsibility to remind each other of the 2m rule.

EXPECTATIONS ON PLAYERS AFTER TRAINING

- After the training session please leave the venue promptly and follow the venue specific traffic flow systems. If you are U18, a safe collection procedure and point should be pre-organised.
- Go straight home after training and shower. (Changing facilities will not be available for players at the training venue).
- Sanitise all your equipment.

EXPECTATIONS OF PLAYERS AT FIXTURES

- Players are required to sanitise their hands at the start and end of each quarter.
- Players on team benches will be 2m or 1m+ apart with risk mitigation in place where 2m is not possible.
- Nails will be checked but at 2m distance.
- There should be no pre-match huddle.
- Players should remain socially distanced for any pre-match team talk conducted in socially distant circles on the court to avoid congesting the bench area.
- No pre-match or pre-quarter "hands in".
- No shouting or cheering.
- No quarter or half time huddles.
- No high fiving.
- No post-match hug circles or handshakes.
- Team selfies must be socially distanced.
- Players are actively discouraged from touching the goal posts.
- No sharing bibs.
- Any post-match paperwork should be shared digitally (this could be email or photograph).
- Everyone should leave immediately after the fixture and there should be no congregating either on the courts or around the courts.

EXPECTATIONS ON PARENTS

- Please read and make sure your daughter understands Wakefield Wildcats Covid-19 policy.
- Do not bring anyone to training who has symptoms or is from a household where a person has symptoms or has been isolating as a result of contact from track and trace.
- Download the Covid19 app when it is available.
- Ensure any payments are made via BACS if possible or place in an envelope to limit cash handling.
- Check your daughter has clearly named kit especially that their bag is obvious to themselves and to others, a luggage label, bright ribbon, key ring etc.
- Ask if your daughter has plenty of water and that all containers are clearly labelled.
- Leave plenty of time for your daughter to prepare for training, shower, put on clean kit, sanitise their netball, go to the toilet and wash hands before leaving home. (Many venues will not have toilet facilities in operation).
- Be prepared to take your child home if they do not pass the temperature test or health declaration.
- Do not stay to watch the training session.
- If it is necessary to take or collect your child from the training venue please remain 2m from people who are not from your household.